



# Te whakarite i ngā whakaritenga tiaki tamariki

I muri i tētahi wehenga, ka rerekē rānei te āhuatanga o te whānau, ka uaua pea ki ngā mātua, ngā kaitiaki me te whānau te whiriwhiri me pēhea te whai wāhi tonu ki te ao o tā rātau tamaiti.

He pai tonu mēnā ka whakaae tahi te katoa. I te nuinga o te wā he tere ake, he iti ake te utu, he iti ake te ahotea i te haere ki te kōti. Ko te tikanga anō o tēnei kāore tō tamaiti e mate ki te uru ki te hātepe kōti.

# Ngā rauemi me ngā ratonga hei āwhina i a koe

! Mēnā kei te pāngia koe, tō tamaiti rānei e te whakarekerekere whānau kāore pea e tika ētahi o ēnei ratonga ki a koe

## Pukamahi Mahere Tiaki Tamariki

Mā ngā mātua tēnei, ngā kaitiaki me ngā whānau kei roto i ngā mahi tiaki i te tamaiti i ia rā, i muri i te wehenga, ina rerekē rānei te āhuatanga ki te whānau. Ka āwhina tēnei i a koe ki te whakaaroaro ka pēhea te tiaki i tō tamaiti, ā, he aha ngā whakatau me oti i a koe.

- Tikina ake te pukamahi mō te koreutu: [justice.govt.nz/parenting-plan-workbook](https://justice.govt.nz/parenting-plan-workbook)
- Tono kia tukuna atu he kape ki a koe: Waea koreutu ki Te Tāhū o te Ture i 0800 224 733

♥ Ko te kaitiaki he pakeke, ā, ko ia kei te whakapakeke me te tiaki i te tamaiti.



## Akoranga Te Tiaki Tamariki i te Wā o te Wehenga

Ka āwhina tēnei akoranga koreutu i ngā mātua, ngā kaitiaki me ngā whānau kia mārama ai he aha te mea pai rawa mō tā rātau tamaiti i muri i te wehenga.

Ka ako koe he pēhea te:

- whaikiko o te wehewehe o te tiaki tamariki ki tō whānau
- tuhi i tētahi mahere tiaki tamariki
- pānga o ngā taukumekume o te wehenga ki ngā tamariki, kia taea e koe te āwhina tō tamaiti kia tū pakari me ngā rerekētanga
- tiki āwhina.

Ka āhei koe ki te haere atu ki tēnei akoranga ahakoa te wā. Whakahaerehia ai i rō rōpū iti i te nuinga o te wā. Kāore koe e mate ki te haere ki te rōpū e haere ana tō hoa o mua (ki tētahi atu rānei nō te wehenga).

Mō ētahi atu mōhio mō tēnei akoranga haere ki [justice.govt.nz/parenting-through-separation](https://justice.govt.nz/parenting-through-separation), waea koreutu rānei ki Te Tāhū o te Ture i 0800 224 733.



## Te ratonga takawaenga Whakatau Raruraru ā-Whānau

He tangata motuhake, he kaitakawaenga whānau rānei e mahi ana me ngā mātua, ngā kaitiaki me ngā whānau hei āwhina kia taea ai he whakaaetanga mō te tiaki i te tamaiti i muri i te wehenga.

He tikanga whaitake tēnei hei whakarite i ngā raru e taupatupatu ana te whānau, me te aro atu ki te tamaiti. Kāore koe e pokea e te kaitakawaenga whānau ki te whakaae ki tētahi mea, te whakatau tikanga rānei mōu. E mātau ana ia ki te āwhina i a koutou kia whakaae tahi, ā, kāore e hinga ki tētahi taha.

Ka taea e koe te heri mai tētahi kaitautoko ki tō hui mēnā ka whakaae te katoa. Me pātai atu koe ki te kaitakawaenga whānau i mua i te hui. Mō ētahi atu mōhio mō tēnei ratonga haere ki [justice.govt.nz/family-dispute-resolution](https://justice.govt.nz/family-dispute-resolution).

### Utu

Kāore he utu o tēnei ratonga mēnā kei te āhei atu koe ki te whai pūtea. Kei runga tēnei i ō moni whiwhi, ā, me te maha o ngā tāngata e whakawhirinaki ana ki a koe mō ngā tautoko ā-pūtea. Mēnā kāore koe i te āhei atu, me utu e koe te \$448.50 mō ia tangata. Haere ki [justice.govt.nz/family-dispute-resolution-funding](https://justice.govt.nz/family-dispute-resolution-funding) ki te rapu mēnā kei te āhei atu koe ki ngā pūtea.

## Ka taea e koe ngā āwhina tohutohu ahakoa te wā

He pai tonu pea mōu ki te kōrero ki tētahi rōia i a koe e wherawhera ana i tētahi wehenga, ina huri rānei huri rānei te āhuatanga o te whānau. Mēnā kāore koe i te mōhio ki hea tīmata ai, me haere ki tō Community Law Centre, [communitylaw.org.nz](https://communitylaw.org.nz) rānei.

## Te tono ki te Kōti Whānau

Mēnā e hiahia ana koe ki te tono ki te Kōti Whānau mō tētahi whakatau kōti, ko te tikanga me oti i a koe te haere ki tētahi akoranga 'Te Tiaki Tamariki i te Wā o te Wehenga' i roto i ngā tau e rua, ā, i whakamātauria e koe 'Te Whakatau Raruraru ā-Whānau' i roto i ngā marama 12 kua hipa.



## He tika tōu kia noho haumarū

Ka taea e koe he āwhina mēnā ki ōu whakaaro kāore koe, tētahi atu rānei i te noho haumarū.

- Mēnā kei te tino noho mōrearea koe, tētahi atu rānei, me waea atu ki 111
- Haere ki [justice.govt.nz/family-violence](https://justice.govt.nz/family-violence)
- Haere ki [areyouok.org.nz](https://areyouok.org.nz)
- Waea koreutu ki 'Are You Ok' i 0800 456 450



# Ki hea tiki tautoko

## Kei tō hapori

Ka taea e ngā Kaiārahi, Ngā Kaiwhakarite Kōti Whānau me ngā kaimahi kōti te ārahi i a koe ina whakariterite ana i ngā whakaritenga tiaki tamariki, engari kāore e taea te tuku tohutohu ture.

Ka taea anō e te Kaiārahi te hono i a koe ki ngā ratonga tautoko hapori i tō rohe.

### Whakapā:

- Haere ki te kōti o tō rohe
- Īmēra kaiarahi@justice.govt.nz
- Waea atu ki Te Tāhu o te Ture i 0800 224 733

## Ngā whakahaere hei āwhina i a koe

### Ngā Pou Whakawhirinaki o Aotearoa

Ka āwhina i a koe kia mārama koe ki ō tika me te whakakī i ngā puka.

- Waea koreutu 0800 367 222
- Haere ki cab.org.nz

### Community Law Centre

E whakaratoa ana ngā āwhina ture koreutu, matatapu takitahi mā ngā tāngata puta noa i Aotearoa. Haere ki [communitylaw.org.nz](http://communitylaw.org.nz)

### Family Services Directory

He rārangi ratonga tautoko tā rātau e āwhina ana i ngā whānau puta noa i Aotearoa. Ko ēnei ratonga mai i ngā whare noho ki ngā tumu kōrero.

- Waea koreutu 0800 211 211
- Haere ki [familyservices.govt.nz/directory/](http://familyservices.govt.nz/directory/)

## CCS Disability Action

Ko tā rātau he tuku mōhiohio me ngā tautoko ki te hunga hauā me ō rātau whānau.

### Whakapā:

- Waea koreutu 0800 227 200
- Īmēra [info@ccsDisabilityAction.org.nz](mailto:info@ccsDisabilityAction.org.nz)

## Te Tari Mātāwaka

He rārangi ratonga tautoko ta rātau, tae atu ki ngā whakahaere whakapono, hei āwhina i ngā hapori mātāwaka.

- Waea koreutu 0800 656 656
- Haere ki [ethniccommunities.govt.nz](http://ethniccommunities.govt.nz)

## Tumu kōrero

Mō ngā tautoko ngaio mō te hauora hinengaro, ētahi atu raru rānei, whakapā atu ki:

- Need to Talk – Waea koreutu, patowaea rānei ki 1737, haere rānei ki [1737.org.nz](http://1737.org.nz)
- Lifeline – Waea koreutu ki 0800 543 354, patowaea rānei ki 4357
- Skyline – Waea koreutu ki 0800 299 100, haere rānei ki [skyline.org.nz](http://skyline.org.nz)

## Mā ngā tamariki me ngā taiohi

- What's Up – Waea koreutu ki 0800 942 8787
- Youthline – Waea koreutu ki 0800 376 633, patowaea rānei ki 234

## Ki te kore koe e haumarū

- Haere ki [areyouok.org.nz](http://areyouok.org.nz)
- Waea koreutu ki 'Are You OK' i 0800 456 450



## Mō ētahi atu kōrero

- Haere ki [justice.govt.nz/care-of-children](http://justice.govt.nz/care-of-children)
- Waea atu ki Te Tāhu o te Ture i 0800 224 733