

He taihara tino nui te tūkinotanga taitōkai. Ka ngau kino ngā pānga, ā, mō te wā roa hoki. He rerekē te urupare a ia tangata, me te hiahia hoki ki ngā momo tautoko rerekē.

He mea uua, tino ahotea, ā, he āhuatanga ngaukino hoki te noho hei pārurenga o te tūkinotanga taitōkai. Kei ia tangata tō rātou ake ara hei whakatikatika. Mēnā rānei koe e whākina te taihara, he tari ki tō takiwā e oti i a rātou te tuku tautoko mātanga ā-auroongo, ā-tinana hoki. Waea atu ki te Waea Mōhiohio Pārurenga ki 0800 650 654 ki te rapu mōhio mō ngā tari tūtata ki a koe.

Tirohia hoki te mutunga o te pukameka nei mō ngā taipitopito tāngata whakapā matua anō, me ētahi o ngā kupu ka rangona i te kōtī.

Ngā motika o te pārurenga

E whai motika ana koe kia whakamōhiohia koe mō ngā ratonga hei āwhina i a koe, kia whakamōhiohia hoki koe mō te kēhi i roto i te kōti me te mōhio anō ki ngā mea ka pā mai ina haere koe ki te kōti.

E whai tika ana koe ki te kōrero atu ki te kōti mō te pānga mai o te taihara ki a koe. Mēnā ko koe te pārurenga o tētahi taihara nā te tamaiti, taiohi rānei, e whai tika ana koe ki te haere ki tētahi hui rōpū ā-whānau me te tuku kōrero anō mō ngā mea e hiahia ana koe kia puta.

I ētahi kēhi, e whai mōtika ana koe, tō māngai rānei, ki te kōrero mō ngā mea pēnei i te pēhangā ingoa, te utu here, te whakarautanga kāinga, te tukuhere rānei.

Ko te tikanga ka hūmārika, ka aroha, ka whakaute hoki ngā āpiha kōti, ngā Pirihimana me ētahi atu i roto i te kēhi. E whai motika ana koe ki te tūmataitinga.

Kei te Puka Pārurenga ētahi atu kōrero e hāngai ana ki ō motika me ngā whakaritenga e tūmanakotia ana mōu. Kia whai mōhiotanga anō, tirohia victimsinfo.govt.nz

Mēnā ki ō whakaaro kāore i tutuki ō motika, kāore rānei i pai ngā ratonga ki tāu i tūmanako ai, e oti i a koe te tuku amuamu. Tirohia victimsinfo.govt.nz waea atu rānei ki te Waea Mōhiohio Pārurenga ki 0800 650 654.

Te pūrongo i tētahi taihara

Mēnā he pārurenga nō tata nei koe o te tūkinotanga taitōkai, kei te noho mōrearea rānei koe, waea atu ki 111 ka tono i ngā Pirihimana.

Mēnā i pā mai te taihara i tētahi wā roa ki mua, i ētahi tau maha hoki, ka taea tonutia te pūrongo atu. Kāore he wā kati mō tō whakamōhio atu i tētahi taihara tūkinotanga taitōkai ki ngā Pirihimana. Ki te hiahia koe ki te whakamōhio i tētahi taihara i pā mai i mua rā anō, waea atu ki te teihana pirihimana o tō rohe me te tono atu ki te kōrero ki tētahi kairapuhara. Ka taea e koe te heri kaitautoko i tō taha ina pūrongo atu koe i tētahi taihara.

Ko te mea tuatahi mō ngā Pirihimana ko te whakaritea tō noho haumaru. Ā muri i tō whakamōhiotia te taihara, ka tohua tētahi pirihimana ki te whakahāere i tō kēhi. E oti i a koe te whakapā atu ki a ia a tētahi wā kia rapua mōhiohio mō te kēhi.

Ka waea atu anō ngā Pirihimana ki tētahi tari urupare mōrearea mātanga, ki Manaaki Tāngata rānei mā rātou e whakamārama ngā āhuatanga ka whai ake. Āta whakangungua ai te hunga tari urupare mōrearea mātanga ki te tautoko i ngā pārurenga tūkinotanga taitōkai, ka mutu ka tautoko i a koe tae rawa atu ki te mutunga o te kēhi kōti.

Waea atu ki te Waea Mōhiohio Pārurenga ki 0800 650 654 ki te rapu mōhiohio mō ngā tari i tō takiwā.

Te whakatewhatewhanga

He mahi hōhonu te whakatewhatewha i tētahi taihara tūkinotanga taitōkai, ā, ka ngana ngā Pirihimana ki te kohikohi i ngā taunakitanga katoa ka taea. Ka kōrero atu tētahi kaiuiui Pirihimana matatau ki a koe, ā, tērā pea he mahā ngā kōrerotanga ki a koe ki te rapu kōrero mō ngā mea katoa i pā atu. Ka taea te tono ki te kōrero ki tētahi pirihimana tāne, wahine rānei.

Mō tētahi wāhangā o te whakatewhatewhanga, tērā pea ka tonoa koe kia whakamātauria ā-tinana e te rata. Kei a koe te tikanga. Ka kite koe i tētahi tākuta matatau ki te tiaki i te hunga kua pārurenga i te tūkinotanga taitōkai. Mā konei, ka kitea mai he taunakitanga hira mō te kēhi. Ka taea te heri kaitautoko i tō taha i ngā wā katoa.

I te wā o te whakatewhatewhanga, ka uiuihia pea e ngā Pirihimana ētahi atu tāngata, me te kohi taunakitanga pēnei i ngā whakaahua me ngā whakamātautau rangahau ā-ture. Mēnā ka rahi te taunakitanga a ngā Pirihimana, ka mauhere me te hāmene i te tangata ki tētahi hara taihara.

Kia mōhio ake ki ngā taipitopito o te hātepe kōti, tirohia sexualviolence.victimsinfo.govt.nz

TE UTU HERE (BAIL)

Ina hopukina tētahi, tērā pea ka tukuna ia kia haere kia tae rawa ki te wā e tū ai ki te kōti. E kīa tēnei te utu here, te peira rānei. I ētahi wā, kei reira pea ngā here mō te wāhi noho o te tangata, tāna whakapā atu ki a koe, me te rāhui haere pō. Mēnā ka whakaaro ngā Pirihimana ka raru koe, ētahi atu i te hapori rānei ka mauherehia te tangata tae rā anō ki te haerenga ki te kōti, i reira ka taea e ia te tono utu here anō.

TE RĒHITA WHAKAMŌHIO PĀRURENGA

Ka riro i a koe te ara kia whakaputa kōrero e hāngai ana ki te whakarere o te tangata kua tukuhere (tirohia hoki "Ka taea te kōrero atu ki Te Poari Tukuhere mō ō whakaaro mō te tukunga o te tangata hara" ki te mutunga o te puka nei).

Kei a koe te tikanga ki te whakauru atu ki Te Rēhita Whakamōhio Pārurenga kia noho mōhio haere koe mō ngā pānga ki te tangata hara ā muri i te whakawhiu. Mēnā e hiahia ana koe, ka taea te kōwhiri tētahi tangata ki te whiwhi i ēnei kōrero mōu. Ka noho matatapu ngā taipitopito mōu.

Kia kitea rānei mēnā kei te tika ō taipitopito whakapā ki te rēhita, me whakapā atu ki ngā pirihimana, ki Te Ara Poutama Aotearoa, ki tō tari tautoko rānei. Kia mōhio ake, tirohia victimsinfo.govt.nz

Me tiro e te kaiwhakawā ngā mea maha i a ia e whakawhiu ana i te tangata hara, pēnei i ngā whakawhiunga kua tukuna mō ngā taihara ūrite, ngā pūrongo e pā ana ki te tangata hara, me ngā tauākī pārurenga.

TE TAUĀKĪ PĀRURENGA

Me he pārurenga koe o tētahi taihara, ka pātaihia koe mēnā he tōmina tōu kia tuku tauākī pārurenga. E whakamārama ana tēnei i te pānga o te taihara ki a koe. Ka taea e te pirihimana whakahaere i tō kēhi, e Manaaki Tāngata, e tētahi atu tari tautoko rānei te āwhinatia koe ki te tuhi i tēnei tauākitanga. Tirohohia hoki "Te whakataunga me te whakawhiu" ki te mutunga o te puka nei.

Tautoko

Ka taea e koe te tiki tautoko mō te wā e whakatewhatewhangia ai tō kēhi. Kia kimihia tautoko mō ngā mea pēnei i te aurongo, ngā mea o ia rā (pēnei i te whai mōhio ki te inihua) rānei, waea atu ki

Manaaki Tāngata ki 0800 842 846. Waea atu rānei ki te Waea Mōhiohio Pārurenga ki 0800 650 654 ki te rapu mōhiohio mō ērā atu tari tautoko i tō takiwā.

E oti pea i a koe te riro tautoko nō Te Kaporeihana Āwhina Hunga Whara (ACC) – waea atu te Nama Waea Āwhina a ACC ki 0800 101 996. Mō ngā kerēme e hāngai ana ki te taitōkai, tēnā waea atu ki te Nama Waea mō ngā Kerēme Pāwera ki 0800 735 566.

TE TAIHARA TAIOHI

Mēnā nā tētahi taiohi i raro i te pakeke 17 tau te taihara, ka whakaritea te take mā te hātepe ture taiohi. He wāhanga hira ngā pārurenga i roto i tēnei hātepe, ā, e whai motika ana koe ki te haere ki tētahi hui rōpū ā-whānau.

Mā tētahi kaiarahi whānau nō Oranga Tamariki koe e whakapā atu ki a koe.

HE TAUTOKO Ā-PŪTEA

E wātea ana ētahi pūtea hei āwhina i a koe ki te utu i ētahi o ngā nama e pā ana ki te taihara. Mō te tirotiro mēnā e oti i a koe te whiwhi pūtea, ā, me pēhea hoki te tono atu, tēnā waea ki Manaaki Tāngata ki 0800 842 846.

- Ka taea he pūtea tae ki te \$500 te kerēme mō ngā utu ka hua i te tūkinotanga taitōkai, pērā i te whakatikatika i ngā raka, te hoko kākahu, te wharenoho rangitahi rānei.
- Ka wātea he pūtea \$100 i ia rā (\$50 i ia hāwhe rā) ki te pārurenga tūkinotanga taitōkai, ki tōna hoa tautoko hoki kāore i te utua, kia haere ki ngā nōhangā o te kōti. Ka wātea hoki tēnei pūtea ki te kaitiaki e haere ana hei whakakapi mō tētahi tamaiti pārurenga, ki tōna hoa tautoko hoki.
- E wātea ana te pūtea tautoko mō te haerenga atu, wāhi noho me ngā utu hāngai a te pārurenga taihara nui (tae atu ki ngā taihara tūkinotanga taitōkai katoa) me tōna kaitautoko kāore i te utua e haere ana ki te kōti me ngā whakawātanga Te Poari Tukuhere.
- Tēnā pea ka wātea te \$2000 iti iho rānei i te wā ohorere parepare mō te tangata mau Kāri Ratonga Haporī.

Ka āhei anō pea koe ki ētahi atu āwhina ā-pūtea mai i ACC. Uia atu tō pokapū tautoko ki te rapu mōhiohio atu anō, waea atu rānei ki te Nama Waea Kerēme Pāwera tā ACC ki 0800 735 566.

I te kōti

Ko te tikanga he maha ngā tūnga a te whakatuaki ki te kōti (te tangata e whakapaengia ana kua taihara) hei tauira, ki te whakapuaki he hara tōna, he kore hara rānei, kia tirohia rānei e te kaiwhakawā ngā taunakitanga o te kēhi. Ko te tikanga kāore koe e herea ki ēnei whakawātanga katoa, heoi, me he tōmina tōu, e oti i a koe te haere. Kāore koe e herea ki te tae atu ki te kōti mō te whakawātanga whakawhiu.

Mēnā ka whakapuaki te whakatuaki kua hara ia, ka whakawhiua ia i taua rā tonu, ka whakatauhia rānei he rā mō te whakawātanga whiu. Mēnā ka whakapuaki te whakatuaki kāore ia i hara, ka whakawāhia te kēhi.

I te kōti ka whakatakotohia e te kaiwhiu te kēhi ki te kaiwhakawā me te rōpū whakawā. Ka mahi te kaiwhiu mā te kāwanatanga, ā, kei a ia te kawenga mō te kōkiri kēhi mō te Karauna, ngā Pirihimana me te iwi whānui. Tērā pea ka hiahia kia tū koe hei kaiwhakaatu mō te Karauna hei āwhina ki te hāpono i te kēhi ki te whakatuaki (tirohia “Te tū hei kaiwhakaatu” ki te mutunga o te puka nei).

Ka tūtaki te kaiwhiu ki a koutou ko tō whānau me te kōrero atu he aha ngā whakapae ka whakatakotohia me te take, ā, he aha ngā whakahaeretanga o te kōti.

TE HUNGA PĀPĀHO

I roto i ngā kēhi tūkinotanga taitōkai, ka aunoa te rāhui i te hunga pāpāho i te whakamōhio atu i tō ingoa, i ngā kōrero rānei e mōhiotia ai koe.

TAUTOKO Ā-REO, Ā-HAUĀ RĀNEI

Me kōrero atu koe ki tō kaitohutohu pārurenga kōti, tō pirihimana takawaenga, tō kaimahi tautoko rānei mēnā e hiahia ana koe ki ngā te āheinga hauā, te whakamāori reo rānei.

TŌ HAUMARU KI TE KŌTI

He mea nui tō haumaru. Mēnā kei te āwangawanga koe i tō haumaru ki te kōti, tēnā, kōrero ki tētahi pirihimana, tētahi kaiwhakahaumaru o te kōti, whakamōhiotia atu tō kaitohutohu pārurenga rānei ā mua i tō taenga ki te kōti.

HE KAITOHUTOHU PĀRURENGA TŪKINOTANGA TAITŌKAI

Ka wātea ki a koe tētahi mātanga kaitohutohu pārurenga kua whakangungu nei i ngā āhuatanga taihara taitōkai.

Māna e whakamārama te hātepe kōti ki a koe, ka āwhina kia mōhiotia e koe he aha kei te haere, hei āhea hoki, ka mutu, ka kī atu ki a koe hei āhea puta ai te whakapaenga hara ki te kōti. E otī anō i a ia te āwhina ki te kimi tautoko whaiaro tōtika mōu.

Kia mōhio ake, waea ki te Waea Mōhiohio Pārurenga ki 0800 650 654.

Te noho hei kaiwhakaatu

Ko te tikanga, ka karangahia koe kia tū hei kaiwhakaatu mēnā ka tae atu te take ki te kōti. He āhuatanga ahotea nui pea te noho hei kaiwhakaatu. Ka taea e te kaiwhiu, te pirihimana whakahaere i te kēhi, rātou ko tō kaitohutohu pārurenga tūkinotanga taitōkai te whakamārama i te whakahaeretanga o te kēhi.

I MUA I TE KŌTI

Ka kōrero atu te pirihimana e whakahaere ana i tō kēhi, te kaitohutohu pārurenga o te kōti rānei i te wā me te wāhi me tae atu koe ki te kōti. Ka tukuna hoki tētahi pānui whaimana ki a koe ki tō kainga.

Ka kōrero atu te kaiwhiu ki a koe mō te wāhi ki a koe hei kaiwhakaatu. Ka taea e koe te toro tōmua i te ruma kōti. Kōrero atu ki tō kaitohutohu pārurenga kōti, te āpiha pirihimana whakahaere, tētahi kaimahi tautoko rānei ki te whakarite i tēnei toronga.

Whākina atu ki tō kaitohutohu pārurenga tūkinotanga taitōkai, te pirihimana whakahaere rānei mēnā kei te hiahia koe kia whakaritea:

- he tangata ki te tūtaki i a koe ki te kōti, i waho rānei
- he kaitautoko hei noho i tō taha i a koe e tuku taunakitanga ana
- he ārai, he pouaka whakaata ara īahiko kati rānei, kia kore ai koe e titiro atu ki te whakatuaki i a koe e tuku taunakitanga ana.

I TE KŌTI

Ina tuku taunakitanga koe, ka ‘katia’ te kōti. Ko te tikanga o tēnei, kāore e whakaaetia te marea kia noho ki te kōti. Me whiwhi whakaaetanga te hunga pāpāho mai i te kaiwhakawā, engari ki te noho mai rātou, kāore rātou e āhei ki te hopu ā-hiko.

Ka uia koe mō ngā mahi me ngā āhuatanga i pā mai ai, mō ō mōhio rānei ki ngā āhuatanga o te taihara.

I roto i te nuinga o ngā kōti, he wāhi tatari motuhake mō te hunga kaitaunaki, engari ka kitea tonutia pea e koe te whānau me ngā hoa o te whakapaenga huri taiāwhio i te kōti.

He mea nui kia kimihia tautoko e koe hei kaitaunaki i mua i te rā kōti, me taua rā tonu. Me kōrero koe ki tō kaitohutohu pārurenga tūkinotanga taitōkai, kaimahi tautoko rānei mō te tiki tautoko e tika ana mōu.

Kia mōhio ake ki ngā whakahaerenga o te kōti, tirohia sexualviolence.victimsinfo.govt.nz

Te whakataunga me te whiu

I te mutunga o te whakawātanga, ka kitea mēnā i hara, korehara rānei te whakatuaki. I ētahi kēhi, pēnei i ērā e kore e taea e te rōpū whakawā te whakaae tahi ki tētahi whakataunga, ka tū anō tētahi whakawā.

Mēnā kua korehara te whakatuaki, ehara i te mea kāore koe i whakaponotia – he tukanga ā-ture, ā-taunakitanga hoki ngā kēhi.

Ina whakatauhia kāore te whakatuaki i te hara, ka wātea ia ki te haere. Tērā pea ka tūmeke koe i tēnei, ka hiahia ki te kōrero anō ki tō kaitohutohu kaimahi tūkinotanga taitōkai, kaimahi tautoko rānei.

Mēnā ka whakatauhia kua hara te tangata, ka whakawhiua pea ia i taua rā tonu, ka whakatauhia rānei he rā mō tētahi whakawātanga whiu.

TE KAUPAPA WHAKAHŌRITE

Ko te hui paremata whakahaumanu he hui ka whakahaerehia i waenga i te pārurenga, te tangata hara, ngā kaitautoko, me ētahi atu tāngata e whakaaehia ana, pērā i i ngā māngai hapori, kaiwhakamāori reo rānei.

Mā te manatika whakahaumanu e oti i a ngā pārurenga te kōrero atu ki te tangata hara mō te pānga o āna mahi ki a ia, te tuku whakaaro mō te whakatika i te hara, me te tīmata ki te whakaea i ētahi o ngā pānga o te taihara.

Kia whakaaehia tō kēhi mō te hui paremata whakahaumanu, me whakatau kua hara te tangata, me whakapuaki rānei ia kua hara ia, ka mutu ka whakaae tahi kōrua ki te uru atu.

Kia mōhio ake, uia tō kaitohutohu pārurenga tūkinotanga taitōkai, tirohia rānei victimsinfo.govt.nz

WHAKATAU WHIU

E herea ana te kaiwhakawā i raro i te ture kia whai whakaaro ki ngā āhuatanga maha ina whakatau whakawhiu ia ki te tangata hara, pēnei nā, he aha ngā whakawhiu o mua mō ngā taihara ūrite me ngā pūrongo mō te tangata hara.

Ki te whakaae te kaiwhakawā, ka taea e koe (e tētahi atu rānei i tohua e koe) te pānui tētahi wāhangā, te katoa rānei o tō tauāki pārurenga i roto i te kōti i te whakawātanga whiu. Tonoa tō kaitohutohu pārurenga o te kōti, te pirihihama rānei ki te tono i te kaiwhakawā mōu. E herea ana te kaiwhakawā ki te whai whakaaro ki tō tauākī pārurenga ina whakawhiu ia i te tangata hara.

PAREMATA

I ētahi wā ka whakahauhia te tangata hara e te kaiwhakawā ki te utu i a koe, e kīia ana tēnei he paremata, mēnā i pākia kinohia koe, i riro atu, i tūkinohia rānei ū rawa e tēnei taihara. Waea ki te kōti i 0800 909 909 ki te whakarite i te tikanga pai e whiwhi ai koe tō paremata.

NGĀ PĪRA

He motika tō te kaiwhiu me te tangata hara ki te pīra i te whakataunga me te whiu. Ko te tikanga o tēnei ka riro mā tētahi kōti teitei ake e tirotiro anō te kēhi. Ki te pēnei, ka whakamōhiohia koe e te kaiwhiu mō te hātepe.

I muri i te kōti

Ina whakatauhia kua hara, ka whakawhiua te tangata hara. Ehara i te mea he ngāwari te whai māramatanga ki ngā whiu. E oti i a te pirihihama kaiwhakahaere i tō kēhi, i a tō kaitohutohu pārurenga tūkinotanga taitōkai rānei te whakamārama ki a koe ngā tikanga o te whiunga.

TE TUKUNGA I TE WHARE HEREHERE

Ka tukuna ngā tāngata hara mai i te whare herehere i runga i te tukuhere, i te mutunga rānei o tā rātou whakawhiu. Ka tukuna pea i mua o te wā e tūmanakohia ana e koe, engari ka uru mai anō te wā i noho i rō whare herehere i mua i te whakataunga me te whakatau whiu.

Ki te mutu te whakawhiu a te tangata hara, me mātua tuku ia mai i te whare herehere. Kāore e āhei te herea tonutia a ia i rō whare herehere ina mutu tana whakawhiu.

Ka taea te tukuna te tangata hara ā mua i te mutunga o tana whiunga mēnā ka whakaaehia he tukuhere. Ka tirohia e Te Poari Tukuhere ngā kēhi o te nuinga o ngā tāngata hara me te whakatau mēnā ka pā he mōreareatanga ki te hapori mēnā ka tukuna tōmuatia te tangata hara.

I te nuinga o te wā me ū ngā tāngata hara ki ētahi here whāiti ā muri i te tukunga ki te tukuhere. E whakatauhia ana ngā here e Te Poari Tukuhere, e te kaiwhakawā rānei nāna te tangata hara i whakawhiu. Ka kapi pea i ēnei whakaritenga te wāhi me noho ia, ko wai te hunga ka āhei te whakapā atu, mēnā he rāhui haere pō, me ētahi atu āhuatanga tiaki i te hapori.

KA TAEA TE KŌRERO ATU KI TE POARI TUKUHERE MŌ Ū WHAKAARO MŌ TE TUKUNGA O TE TANGATA HARA

Kia kōrerotia ū whakaaro mō te tukunga tōmuia o te tangata hara, me uru koe ki Te Rēhita Whakamōhio Pārurenga. Koia e pēnei ai kia taea e Te Poari Tukuhere te whakapā atu ki a koe ina ka tūngia he whakawātanga tukuhere mā te tangata hara.

Ka taea te tuku atu ū whakaaro ki Te Poari Tukuhere mā te tuhituhi, te hui ataata, ā-tinana rānei:

- **Ā-tuhi, ā-hui ataata rānei**

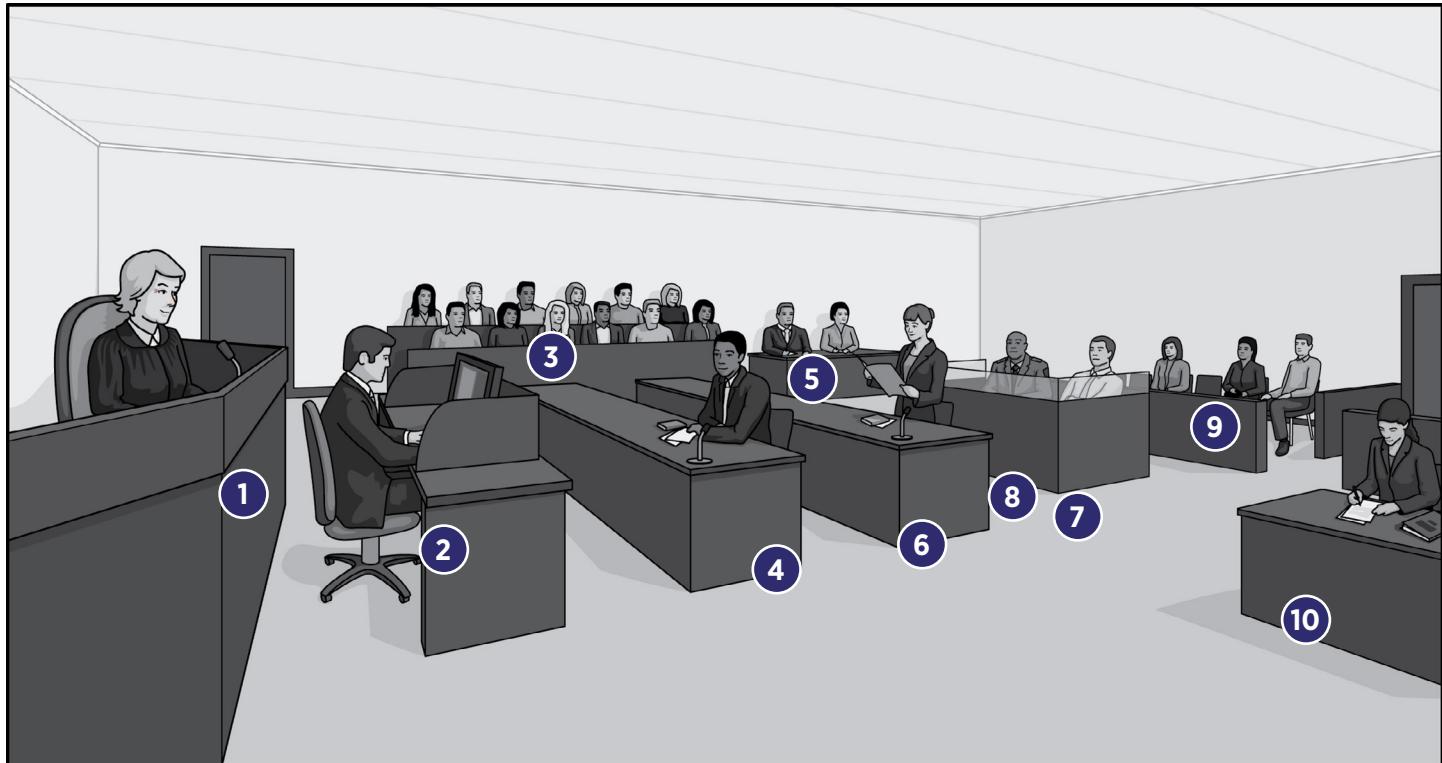
Me kōrero atu ki tō Poari Tukuhere.

- **Ā-tinana**

Ka hui koutou ko Te Poari Tukuhere. Ka kōrero koe ki ērā tāngata anō ka kite i te tangata hara, engari ko te hui e haere ana koe kāore e tū ki te whare herehere, ā, kāore hoki te tangata hara e tae atu. E oti i a koe te mau mai kaitautoko.

Te rūma kōti

E whakaatu ana tēnei hoahoa i tētahi tauira o te takotoranga o te rūma kōti, me ngā tāngata ka kite pea koe.



1. **Te kaiwhakawā** – ko ia te rangatira o te kōti. Ka whakatau ia mēnā kei te hara te whakatuaki, ā, mēnā kei reira tētahi rōpū whakawā, ka riro mā te rōpū whakawā kē e whakatau.
2. **Te kairēhita o te kōti**, ka āwhina i te kaiwhakawā me te whakarite kei te whāia tikatia ngā hātepe o te kōti.
3. **Te rōpū whakawā**, he mea hanga ki te 12 tāngata māna te whakatau mēnā i hara te whakatuaki. Ehara i te mea he rōpū whakawā kei ia o ngā whakawā.
4. **Te kaiwhiu** – māna e whakahaere te kēhi mō te Karauna, e whakatakoto te kēhi ki te whakatuaki.
5. **Te hunga pāpāho** – he kairīpoata e pūrongo ana i te kēhi.
6. **Te rōia o te whakatuaki** ka tū hei māngai mō te tangata e whakapaengia ana.
7. **Te whakatuaki** – te tangata e whakapaengia ana ki te taihara.
8. **Te hunga tautiaki herehere** ka tautiaki i te tangata e whakapaengia ana.
9. **Ahurewa marea** te wāhi e noho ai te iwi whānui me te whānau o ngā pārurenga, te wāhi noho hoki a ngā kaiwhakaatu ā muri i tā rātou tuku taunakitanga. Ina tukuna taunakitanga e koe, kāore he tangata nō te marea e noho hoki ki te rūma.
10. **Kaitohutohu pārurenga kōti** he āwhina i te kaiwhakaatu kia mārama ai ki ngā hātepe o te kōti. Kāore pea e noho i te kōti i ngā wā katoa.

Ngā tangata whakapā matua

He tautoko mōu kei ia piko o te ara, e āwhina i a koe kia whakatika i ngā pānga o te taihara. Anei ngā taipitopito whakapā mō ētahi tino ratonga mā ngā pārurenga, me ngā tāngata e pāngia e te taihara.

Kia mōhiotia ētahi atu mōhiohio mō ngā ratonga, tēnā waea atu ki te Waea Mōhiohio Pārurenga ki 0800 650 654 (24/7); toroa rānei victimsinfo.govt.nz te toro rānei ki sexualviolence.victimsinfo.govt.nz

ACC

0800 101 996 Waea Tautoko Kerēme
0800 735 566 Waea Tautoko Kerēme Pāwera (mā ngā pārurenga tūkinotanga toitākai)
acc.co.nz

Ngā kaitohutohu pārurenga kōti

0800 650 654 Waea Mōhiohio Pārurenga

Te Ara Poutama Aotearoa (Department of Corrections)

04 460 3000
corrections.govt.nz

Te Poari Tukuhore (New Zealand Parole Board)

0800 PAROLE (727 653)
paroleboard.govt.nz

Te tautoko whaiaro

victimsinfo.govt.nz

Ngā Pirihimana o Aotearoa

police.govt.nz

Manaaki Tāngata

0800 VICTIM (842 846) 24/7
victimsupport.org.nz

Te Whare Whakaruruhau mō te Wahine

0800 REFUGE (733 843) 24/7
womensrefuge.org.nz

Ētahi kupu ka rangona pea i te kōti

Te utu here (bail)

Ina tukuna he tangata kua whakapaengia ki te taihara e ngā Pirihimana, me te here i runga i a ia me haere ki ngā nōhangā kōti ā tōna wā.

Te whakatuaki

Te tangata e whakapaengia ana ki te taihara.

Tangata hara

Te tangata nāna i mahi te taihara. (I mua i te mau tangetange ki te hara, e mōhiotia ana te tangata e whakapaengia ana ki te hara ko ia te 'whakatuaki').

Te tukuhore

Ina tukuna tētahi tangata hara i te whare herehere ki te whakamutu i tana whiunga i roto i te hapori. Me mātua whai i ētahi here whāiti.

Te Kaupapa Whakahōrite

E oti i a ngā pārurenga mā te paremata whakahaumanu te kōrero atu ki tētahi tangata hara mō te pānga o āna mahi, te tuku whakaaro mō te whakataurite i te hara, me te tīmata ki te whakarite i ētahi o ngā pānga o te taihara. Ka karangahia he hui paremata whakahaumanu.

He taihara nui

- He taihara tūkinotanga taitōkai, tētahi patunga nui.
- He taihara ko te mutunga he wharanga kino, he mate rānei.
- He taihara e noho mātakutaku tonu ana te pārurenga mōna anō, mō te ora rānei o tōna whānau.

He kaitohutohu pārurenga tūkinotanga taitōkai

He kaimahi o Te Tāhū o te Ture kua āta ākona, ā, kua whai wheako tonu ki te mahi i roto i ngā āhuatanga o te tūkinotanga taitōkai. Mā te kaimahi nō Te Tāhū o te Ture e whakamārama ki te pārurenga te hātepe kōti me te kauneketanga o tana kēhi.

Te Rēhita Whakamōhio Pārurenga

He rārangī matatapu ka whakamahia e ngā tari ture taihara hei whakamōhio haere i ngā pārurenga mō te tangata hara, pēnei nā, kei te anga pēhea te kēhi i roto i te hātepe kōti, mēnā ka tukuna rangitahitia mai te tangata hara i te whare herehere, ā, āhea ka wātea mō te tukuhore. Rēhitahia ō taipitopito ki te pirihimana whakahaere i te kēhi.

Te tauākī pārurenga

He kōrero mō te pānga o te taihara ki a koe. I te nuinga o te wā ka tuhia te tauākī pārurenga, engari ka taea te whakauru whakaahua, tātuhinga, whiti rānei. Me mātua whakaaroarohia e te kaiwhakawā ina whakawhiu ia i te tangata hara. Ka taea e te pārurenga te pānui te tauākī ki te kōti i mua tonu i te whakawhiu.